



Kindness is helping others less fortunate than you, treating people nicely and giving respect, be of service to those who ask.

—Gayle S., Longview, WA  
#kindcardsconnect



Kindness is doing good for others rather than doing good for self-satisfaction.

—Janet A., San Jose, CA  
#kindcardsconnect



Kindness is being empathetic to others, using manners, respecting everyone equally.

—Julie W., Vancouver, WA  
#kindcardsconnect



Kindness is a generous act for someone else.

—Jaime H., San Jose, CA  
#kindcardsconnect

Add a message or drawing then pass it on.  
(Ex: to a loved one, friend, or stranger)  
Share the card's journey with #kindcardsconnect  
on Instagram and follow @kindcardsconnect.



## Kindness is ...

---

---

---

Add a message or drawing then pass it on.  
(Ex: to a loved one, friend, or stranger)  
Share the card's journey with #kindcardsconnect  
on Instagram and follow @kindcardsconnect.



## Kindness is ...

---

---

---

Add a message or drawing then pass it on.  
(Ex: to a loved one, friend, or stranger)  
Share the card's journey with #kindcardsconnect  
on Instagram and follow @kindcardsconnect.



## Kindness is ...

---

---

---

Add a message or drawing then pass it on.  
(Ex: to a loved one, friend, or stranger)  
Share the card's journey with #kindcardsconnect  
on Instagram and follow @kindcardsconnect.



## Kindness is ...

---

---

---